

OLYMPIA JELAGAT KEINO-OKAL

Nutrition and Health

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Maseno, Kenya

EDUCATION

- Dr. Babasaheb Ambedkar Marathwada University, Master of Arts (M.A) Home Science
- Marathwada University, Bachelor of Arts in Sociology, Psychology & Home Science
- Kapsabet Girls High School, K.A.C.E)
- Kaptagat/Kapchemoiywa Secondary Schools, K.C.E
- Hill School C.P.E

RESEARCH EXPERIENCE

- Sabbatical leave- Assistant trial coordinator for SEICK Research Project based in Ober Kamoth Health center, Kisumu North-15th May 2014 to 14th August 2014
- Leadership styles and sustainability of community based organizations programs in North West Kisumu location submitted to Kenya Institute of Management (KIM)
- Gender differences in parental discipline techniques among the Kalenjji community
- The shelf life of preserved foods. A comparative study of jams, juice and tomato sauce. Submitted to the department of Home Science, Government College of Arts and Science. Marathwada University.
- Associated factors in Maternal Employment and its Impact on Families in Aurangabad, India: Submitted to the Department of Home Science, Government College of Arts and Science. Marathwada University

TEACHING EXPERIENCE

- 1996 to date- Lecturing in Home science, Nutrition and Socio science related courses.
- 2016 to date- Online teaching and development of online learning materials.
- March 20th-16th April 2011: NORTH-SOUTH-SOUTH exchange teacher in 6 Universities of Applied Sciences, Finland

HONORS AND AWARDS

1. Award for successful implementation of the Kshs 5,090,000 Million, Kenya National AIDS Control Council Total War against AIDS (NACC TOWA) Project in 2013-2014
2. Fellowship grant: the Netherlands Fellowship Program (NFP) of the Netherlands Government for Short Courses (17th – 27th March 2009) for African Nutrition Leadership Program (ANLP)
3. Award of orders, Decoration and Medals: Head of States Commendation (HSC) awarded by His Excellency the then President Mwai Kibaki on 12th December 2007
4. Top Student Award: First Prize (Silver Medal) for Top Student Award in M.A Home Science in 1995 from Government, College of Arts and Science, DBSA Marathwada University, India.

PROFESSIONAL MEMBERSHIP

- Kenya Nutritionists and Dietitians Institute (KNDI)
- Kenya Professional Association of women in Agriculture and Environment (KEPAWGE)
- The Kenya Institute of Management, Association Member (AMKIM)

SKILLS AND TRAINING

1. NORTH – SOUTH- SOUTH SWAN intensive Course. -Social Development in Family Welfare: Family work approaches and methodologies (52 hours= 2 ECTS credits) -4th to 8th May 2015-Kisumu Kenya
2. Basic Fire Safety Management Skills Training on 28th March 2012-Maseno University Board Room.
3. NORTH-SOUTH-SOUTH Health Africa Partnership Intensive Course-Evidence based Community Health Care Supported by e-Learning (52 hours-2 ECTS Credits) -12th to 18th October 2014- Kisumu Kenya
4. NORTH-SOUTH- SOUTH Health Africa Intensive Course-Integrating e-learning in health care and Nutrition education (52 hours)- -15th 20th October 2012-Kampala, Uganda
5. North-South –South Health Africa Intensive Course--24th to 30th October 2010, Kisumu, Maseno University. Kenya
6. Kenya Institute of Professional Counseling, Certificate in Psychological Counseling
7. Kenya Institute of Management, Diploma in Project Management.
8. Government of Marathwada, Fruit Production Secretariat, Certificate in Fruit & Vegetable Processing and Preservation

LEADERSHIP EXPERIENCE

- February 2012 to date: Coordinator AIDS Control Unit, Maseno University and Secretary to MUACU
- December 2012 to date: Committee member prevention of drug and substance abuse committee, Maseno University
- August to December 2008: Acting Coordinator AIDS Control Unit, Maseno University
- 2015 to date-Maseno University Christian Union Advisory Committee Member
- Feb. to July, 2003 Acting Head, Home Sciences and Technology, Maseno University
- May to July 2001, Acting Head of Department of Textile, Fashion & Merchandising, Maseno University.
- 2003 to 2004 Examination Officer for the School of Family Consumer Sciences and Technology. Maseno University.
- 2001 – 2005 Patron Maseno University Home Sciences and Technology Association (MUHOTSA)
- **Board of Governors (BOG)**
 - ✓ Maseno School (March 2017 to date) Serving as Vice Chair person
 - ✓ Huma Girls High School (2019 to date)
 - ✓ Ngere Boys High School (2016 to date)
 - ✓ Kipkeino Boys High School (January 2015 to date)
 - ✓ Maseno school for the deaf (January 2012 to 2015)
 - ✓ Itigo Girls High School (2001 to 2012) – Chairperson for 2 terms
 - ✓ Kapchemoiywa Secondary School (2005 - 2008)
 - ✓ Kapsabet Girls High School (August 2008 -2014)
 - ✓ Kwoyo Secondary School (September 2008 - 2011)
 - ✓ Kaiboi Technical Institute (September 2010 -2016)
 - ✓ Olessos Technical Institute (September 2010 - 2016)
- **Board of Directors**
 - ✓ Imani Africa (2004- 2005)
 - ✓ Suluhishio Africa Trust (2011 to date) Founder and Director
 - ✓ July to date: Founder and Special Member of North West Kisumu Development Group (Network of CBOs in the community).

CONFERENCES AND WORKSHOPS

- 6th -7th June 2019-Research Capacity Building Conference held at Kisumu Hotel, Maseno University
- 23rd March 2018-Dialogue on Education Quality-County Forums as a BOM representative of Seme Sub County.
- 5th March 2014-Customer Complaints Handling Workshop held in Maseno University Siriba Campus-Directorate of Public Relations.
- 31st May 2013-HIV and AIDS Mainstreaming Workshop for University Staff at the Work Place-Maseno University AIDS Control Unit.
- 6th -9th May 2013-Second National Biennial HIV and AIDS Scientific Research Conference held in Nairobi-National AIDS Control Council, Republic of Kenya
- 29th – 30th May,2012- AAU-EASRN HIV Research Methodology Workshop-Theme Getting to Zero held at Kenyatta University Conference Centre(KUCC)
- 16th-17th September 2011- Research Proposal Writing Training Workshop by Kenya DAAD Scholars Association in collaboration with DAAD and NCST.
- 4th to 8th October 2010 4th African Nutritional Epidemiological Conference (ANEC) Safari Park Hotel, Nairobi.
- 17th to 27th March 2009: 7th African Nutrition Leadership Program: South Africa.
- 12th to 13th July 2006: Research Ethics Training Workshop for Ethics committee member organized by CVBCR.
- 4th august 2006: (Convener) Group Dynamics and Better Health in the School of Public Health and Community Development (ESPUDEC). Maseno University.
- 24th February, 2005: Dietetics and Small Garden Systems Project to Support Medical Interventions for Families Impacted by HIV AIDS in Kenya.
- 21st – 23rd February, 2005: Inaugural National Nutrition Congress (INNC) Food and Nutrition Security for Health Development in Nairobi, Kenya.
- 29th October, 2004: (Convener) Project Development for Sustainable Community Progress in SOFCONSTEC, Maseno University.
- 19th March, 2003: (Convener) Nutrition and HIV AIDS in SOFCONSTEC, Maseno University.
- 20th – 22nd November, 2002: Teacher Enhancement; Teacher Self Image (TSI) in association with Strathmore University in Kisumu, Kenya.
- 25th – 27th April, 2001: IRPS Proposal Writing Workshop on Capacity Building in Research Proposal Writing Skills, Maseno University.
- 28th august, 2000: SOFCONSTEC Seminar on Enhancing Teaching and Learning in University.
- 4th – 11th April, 1997: International Conference of Home Economics Association for Africa in Kampala.
- 6th April, 1997: Co-facilitator in a workshop on Women Empowerment.
- 24th – 25th November, 1994: XXVII Annual Conference of Nutrition Society of India-Hyderabad.

PUBLICATIONS

None